



# NatureMusicCamp Finland 2024

Immerse yourself in the enchanting world of nature's melodies and the universal language of music at our upcoming camp. Join us for an experience, where you'll listen to the sounds of nature. You'll also create and play musical instruments, inspired by cultures around the world. Our program goes beyond verbal communication, fostering connection through games and exercises that intertwine social, musical, cultural and ecological contexts.

During this intensive journey, participants will explore the intricate connections between landscapes, materials, music-making, natural sources, physics, crafts, and art. Our interdisciplinary approach aims to build bridges between individuals, languages, cultures and songs. The camp offers unique opportunity to find and create, alone and together, inspiring environments, which may reshape perceptions of the world.



*Listen to underwater*

## Highlights of the Camp Include

- **Finnish-Karelian Wind Instruments:** Learn the art of building and playing traditional wind instruments with Minna.
- **Playing with Stones, Shells, Sticks and Trunks:** Sensing nature is a beautiful pathway, where harmonic music can be born. With Hannes, ecological and musical approach offer holistic experiences of connection.
- **"Sunrise Yoga" Sessions:** Start your day with Frauke; yoga brings balance to body and mind through intensive breathing and singing.

No special skills are needed. Collectively organized camp is open to teachers, educators, social workers, ecologists, scientists, musicians, therapists, and anyone interested in the topic. Participants must be at least 16 years old. Those with younger children should care for them or form a group with shared responsibility.

## Camp Details

- **Location:** Länsitalo Homestead, Koski TL, Finland
- **Date:** July 5<sup>th</sup>–10<sup>th</sup>. The day before is for arrival, and the day after is for a break, departure or for a guided walk. Organizers welcome assistance.
- **Number of Participants:** 10–15 people
- **Teaching language:** English
- **Prices:**
  - Participation (including materials) €400.
  - Early bird price €350, until the end of February.
  - Reduced price: €300 (applicable to kids aged 16–18, unemployed individuals, pensioners over 60 and upon request)
  - Accommodation: tents for free, simple housing options €5–20.
  - Food costs: estimated €150–200 per person (will be calculated based on the number of participants and their preferences).



*Playing with wooden sticks*

## Meet the Instructors and register with Minna or Hannes



**Minna Hokka**

*Educator, songwriter, singer, musician, instrument builder and plant artist from Finland.*

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**Hannes Heyne**

*Educator, musician, sound researcher, and music ecologist from Germany.*

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**Frauke Erdmann**

*Physiotherapist, osteopath, yoga teacher from Germany*

*Embark on a journey of self-discovery and creativity in Finnish countryside. Join us for an experience that blends cultural exploration, musical expression, and ecological consciousness.*



*Discover dozens of primitive wind instruments from Finland, Karelia and Ingria. The program also covers fundamentals of five string kantele, including improvisation.*